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| Covid 19  Social Isolation  If you need assistance  please contact us on  [fortrosehelp@gmail.com](mailto:fortrosehelp@gmail.com)  or call our friendly team on  07526 035543  We can help with shopping, prescriptions, anything, just ask.  If you have any ideas about keeping up morale during isolation, we want to hear from you, so please get in touch.  We will get through this together.  For the community by the community. |  |