

# Fortrose Medical Practice



## NEWSLETTER

### *Winter* 2011/12



Dear Patient

Welcome to our latest newsletter.

Please take some time to read our latest newsletter with important information for our patients:

#### **Wintry Weather and Medication Orders**

As we enter a season of freezing temperatures, snow and other unpredictable weather we would ask patients to ensure they have sufficient stock of their repeat medication in case of difficulties getting to the surgery and/or pharmacy. Please plan ahead of the festive season so that you don't run out when the surgery and pharmacies are closed.

#### **Christmas Opening Times and PLT Closures**

The surgery will be open as usual apart from the following days:

**CLOSED - Monday, 26<sup>th</sup> December 2011**

**CLOSED - Tuesday, 27<sup>th</sup> December 2011**

**CLOSED - Monday, 2<sup>nd</sup> January 2012**

**CLOSED - Tuesday, 3<sup>rd</sup> January 2012**

The practice will be closed for Protected Learning Time (PLT) in the afternoon from 1pm on the following day:

**CLOSED - Wednesday, 15<sup>th</sup> February 2012 from 1pm**

If you need medical attention or advice when the surgery is closed, please contact NHS24 on telephone 08454 242424. NHS24 is a 24 hour health service which has round the clock advice and support.

**In an emergency dial 999.**

## **Flu Jab (Influenza Vaccination)**

If you have not yet received your flu jab and are entitled, please contact the surgery to get this done as soon as possible. This year the following groups are eligible to receive the vaccine:

- all patients aged 65 years and older
- patients suffering from respiratory disease (if on continuous or repeated medication for this)
- patients suffering from chronic heart disease
- patients suffering from chronic kidney disease
- patients suffering from chronic liver disease
- patients suffering from chronic neurological disease
- patients suffering from diabetes
- patients suffering from immunosuppression
- all pregnant women
- unpaid and young (18 years or under) carers
- those living in long-stay residential care homes

The vaccine is available to those aged 6 months or over. If in doubt, please contact the surgery for advice before booking your appointment.

## **Wear it Pink Day**

As in previous years, the practice has taken part in the 'Wear it Pink' day in support of the Breast Cancer Campaign. This year we raised £18.65 – thank you very much for your support.

**The practice team wishes you a merry Christmas and**

A HAPPY  
NEW YEAR

