

# Fortrose Medical Practice

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## NEWSLETTER



### Festive Season 2009 / 2010

Dear Patient

Welcome to our latest newsletter during this year's festive season. We sincerely hope that you have a very happy and healthy Christmas and New Year.

#### **FLU VACCINES**

It is important for patients to realise that there are 2 very separate flu vaccines available this year, one for seasonal and one for swine flu (H1N1). We are pleased to say that we now have sufficient stocks available to vaccinate patients within the risk groups as displayed in the surgery. It is anticipated that the next priority group for swine flu vaccinations, i.e. children aged from 6 months to under 5 years of age, will be vaccinated early in the new year. Notices will be posted to this effect.

#### **DR. FRASER**

Dr. Fraser has decided that as from January he will be working Monday, Tuesday and Friday mornings and all day Thursdays. He will not have surgeries on Wednesdays.

#### **DR. SHONA FORTH – DR. MAIRI CRAWFORD**

We are delighted to say that following the birth of her second daughter, Dr. Shona Forth will be returning to work in January. As in the past, she will work Wednesdays and Fridays. We wish to record our thanks for Dr. Mairi Crawford for her support for both, surgery and patients, during Dr. Shona Forth's maternity leave. Dr. Crawford's last surgery is on Wednesday, 23<sup>rd</sup> December.

## **WEAR IT PINK DAY**

In co-operation with the Boots Pharmacy in Fortrose, we managed to raise in excess of £4,000. Special mention must be made to Rhona Dalgarno, whose extraordinary efforts led to this figure being achieved. We would like to thank everyone for their donations.

## **HIGHLAND HOSPICE**

This year the surgery has put up a collection box to give staff and patients the option to donate to the Highland Hospice instead (or as well as) giving each other Christmas cards.

## **WINTRY WEATHER**

As we enter a season of freezing temperatures and possibly snow we would ask patients to ensure they have sufficient stock of their repeat medication in case of difficulties getting to the surgery and/or pharmacy.

## **OPENING HOURS OVER THE FESTIVE SEASON**

The surgery will be open as usual apart from the following days:

**Friday, 25<sup>th</sup> December 2009**

**Monday, 28<sup>th</sup> December 2009**

**Friday, 1<sup>st</sup> January 2010**

**Monday, 4<sup>th</sup> January 2010**

If you need medical attention or advice when the surgery is closed, please contact NHS24 on telephone 08454 242424. NHS24 is a 24 hour health service which has round the clock advice and support.

In an emergency dial 999.

The practice team wishes you a merry Christmas and a healthy and happy 2010!

The Practice Team  
Fortrose Medical Practice

December 2009

