

# Fortrose Medical Practice

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### NEWSLETTER

*Winter*



Dear Patient

Welcome to our latest newsletter. It is hard to believe, that Christmas is nearly on us and that 2007 draws to a close. May we start by sending you all season's greetings and wishing you a happy and healthy 2008.

#### **NURSE ANN FOSTER**

I am sure you join all the staff in welcoming Ann to the practice.

Ann is now in post on Mondays and Fridays with Joy MacGregor working Tuesdays, Wednesdays and Thursdays. We hope that the addition of Ann and therefore the extra sessions will further improve the availability of nurse appointments.

#### **LOAN EQUIPMENT**

We have over the past number of years loaned out to patients various equipment, including blood pressure monitors and Nebulisers (for asthmatics and COPD patients). Many of these have not been returned to the surgery. We would urge anybody who is in possession of any of this equipment and who no longer requires it to return this to the surgery in order other patients can benefit. Many thanks in anticipation of your assistance in this matter.

#### **WEAR IT PINK – 26 OCTOBER 2007**

For those who have not visited the surgery recently, we are delighted to announce that we raised a total of £143.20. This is three times the amount raised in 2006 and the Breast Cancer Campaign sent thanks to all who contributed. We should at this stage also thank the local CO-OP who very kindly donated the beautiful carnations.

## **FLU VACCINES**

We have either contacted or tried to contact all patients who qualify for the flu vaccine, but in case we have missed anybody out, we still have limited stock available and the surgery should be contacted for an appointment.

## **CHRISTMAS AND NEW YEAR OPENING TIMES**

The surgery will open normal hours over the festive period with the exception of the following dates:

25<sup>th</sup> and 26<sup>th</sup> December 2007

1<sup>st</sup> and 2<sup>nd</sup> January 2008

NHS24 will cover those dates and can be contacted on 08454 242 424. In emergencies – as usual – dial 999.

The pharmacy in Fortrose will mirror the surgery opening times and will be open as normal on both Saturdays. Opening hours of other pharmacies in the area are posted in the surgery and in the surgery window.

## **APPOINTMENTS**

We understand that especially during the winter weather conditions might prevent you from attending an appointment with us. Please can you remember if that is the case, to contact the surgery as soon as possible so that your appointment can be re-scheduled.

## **SMOKE FREE NHS HIGHLAND**

We have been informed by NHS Highland that all their premises **and grounds** will be smoke free as from 1<sup>st</sup> January 2008. This includes hospital grounds and other premises owned or rented by NHS Scotland. This applies to staff, patients and visitors. For inquiries and advice on this please email [smokefree@hnb.scot.nhs.uk](mailto:smokefree@hnb.scot.nhs.uk)

Philip Eley  
Practice Manager

14<sup>th</sup> December 2007

On behalf of  
The Practice Team  
Fortrose Medical Practice

